

# ROTARY CLUB OF GISBORNE

Bulletin 2011 – 2012 • Edition 07 – 16<sup>th</sup> August, 2011

P.O. Box 292  
Gisborne 3437  
TELEPHONE  
(03) 5428 4483  
(answering service)  
EMAIL: [gisborne@rotarydistrict9800.org](mailto:gisborne@rotarydistrict9800.org)

Gisborne & Districts  
**Community Bank@Branch**

 **Bendigo Bank**



## LAST WEEK: BRETT MURLEY

Brett travelled down from Castlemaine to tell us about the benefits of the low GI honey produced by his family over a number of years. He works with his parents in the business [Goldfields Honey], selling all over Victoria - including a monthly visit to the Gisborne outdoor market - and a large part of their activities is providing pollination services to horticulture.

It was interesting to hear that the bee industry in America has recently suffered badly due to hive collapses caused by a mite, and that now Australian industry is providing support to American producers.

Brett said that low GI honey provides people with an energy boost when needed, without the sugar spike that other sugars cause.

This is most beneficial in providing protection to the body from diabetes and a range of other problems caused by obesity. We learned that there are several main varieties of honey in Australia that are low GI, including yellow box, red gum and ironbark.

Members were eager to taste samples of small tubes of honey (initially produced for athletes) that Brett handed around the tables for all to try. Brett answered many questions from members, rounding up a very interesting talk.



**President Robert with Brett Murley.**

*.....Chairperson - Peter Wearne*

## PRESIDENT'S MESSAGE

As the winter weather bites deeper and influenza type viruses and bacteria start to take hold, I've notice the increase in our Club members and families who have been affected with illness of one type or another. I know there isn't much we can do but please take care and take plenty of vitamin C and rug up warm when out and about.

President – Robert Botwood

Ph. 9740 4198 • Email: [robbotwood@bigpond.com](mailto:robbotwood@bigpond.com)

Secretary – Phil Yarwood

Mob: 0412 918 640 • Email: [yarwoodp@gmail.com](mailto:yarwoodp@gmail.com)

Treasurer - PP Elaine Gregory

Ph: 5428 1001 • Fax: 5428 1501 • Email: [stclms@bigpond.com](mailto:stclms@bigpond.com)

**THIS WEEK**  
Meeting at  
RC Bacchus Marsh

**AUGUST is**  
Membership Extension  
Month



President Robert

### THE ROTARY CLUB OF GISBORNE INC

Chartered 17th May 1977 Reg. A0031618X

RI Club No 18323

Club Address; PO Box 292. Gisborne. 3437.

Email: [gisborne@rotarydistrict9800.org](mailto:gisborne@rotarydistrict9800.org)

Website: <http://www.gisbornerotary.org.au/>

President	Robert Botwood	International Service	PP Martin Taurins
Immediate Past President	PP Philip Kudnig	Vocational Service	PP Andrew Hall
Vice President	PP Jacek Bialobrzeski	Membership/Marketing	PP Barry Wills
President Elect	Phil Yarwood	New Generations	PP Caroline Lee-Kean
Secretary	Phil Yarwood	<b>Other Key Roles:</b>	
Treasurer	PP Elaine Gregory	Foundation Chair	President Robert Botwood
		Public Officer	Phil Yarwood
<b>Directors:</b>		On to Conference	
Club Service	PP Pat Bialobrzeski	Cycle Challenge	PP Jacek Bialobrzeski
Community Service	Diana Taurins	Attendance	PP Peter Lamping

## Diary Dates

*Tues. 23<sup>rd</sup> August*

*Bullengarook CFA  
Weather Station*

*Tues. 30<sup>th</sup> August*

*Carl Schiller  
Tour de France*

*Tues. 6<sup>th</sup> September*

*Howard Osborne - The R.O.S.E.  
Program*

*Tues. 13<sup>th</sup> September*

*Police Sgt. Len Van Andel -  
Local Policing*

*Tues. 20<sup>th</sup> September*

*D.G. Keith Ryall - Official Visit*

### Bulletin Editor

#### PP Elaine Gregory

Articles and Photos to be submitted, for publication, by Friday of each week please.

Mail: PO Box 189, Gisborne 3437.

Email: [stclems@bigpond.com](mailto:stclems@bigpond.com)

Phone: (03) 5428 1001

Fax: (03) 5428 1501

Bulletin designed, for Rotary, by Robert Botwood

Email: [robbotwood@bigpond.com](mailto:robbotwood@bigpond.com)

Phone: 03 9740 4198

Mobile: 0417 164 565

Dinner Bookings/Apologies:

(03) 5428 4483 (Message Service)

### AUGUST IS MEMBERSHIP EXTENSION MONTH

At the recent Membership/Marketing seminar, attendees were urged to reach out to those different from ourselves, whether that be in terms of gender, ethnicity, age or otherwise, and so bring in to our clubs skills, ideas and opportunities that would otherwise be unattainable.

...*Networker 05.*

## ROYCE ABBEY AWARD

Last week club member and President-Elect, Phil Yarwood, was presented by the Club with a ROYCE ABBEY AWARD, --duly greeted with warm acclamation!

By making a specific donation to the Royce & Jean Abbey Endowment Fund, our Club has enabled the Fund to provide an Abbey Agricultural Scholarship, through the Rotary Foundation, to be awarded in Australia to enhance the education of food processors, agricultural and environmental researchers and university teachers from developing countries (in the Asia-Pacific region), to provide new skills for use in their own countries.



**P.E. Phil being presented with the Royce Abbey Award**

Royce Abbey, a long time member of the Essendon Rotary Club, and close friend of our late Past President, Fred Barnett, was RI International President 1988-89. He is also a warm friend of the Rotary Club of Gisborne.

*.....PP Elaine Gregory*

## P.S. from President Robert

Past R.I. President Royce rang me the night after the award to give his apologies for not attending the ceremony as he had been ill. I had invited him once it was known which night the ceremony would be held. He asked about P.E. Phil, his achievements and ideas for the future; I believe he was impressed and wishes P.E. Phil the best for the future.

*...President Robert*

## ADVANCES RE MALARIA

Researchers at Griffith University have recently announced that they are close to providing a vaccine to protect people from all types of Malaria. Current research work is showing encouraging results and trials will continue with the hope to have such vaccine available within five years.

**KIDS' ADVICE** Never hold a dust-buster and a cat at the same time. -- Kylie 9

## OUR CLUB - CONTINUING PROJECTS

- Sponsoring young local people into Rotary youth programs
- Providing volunteer support to MRHS clients
- Annual Cycle Challenge/Fun Run fundraiser
- Supporting the MS Awareness committee activities
- Contributing to the Macedon Ranges FOODBANK program
- Supporting local community projects
- Helping preserve the natural habitats in the Macedon Ranges
- Providing volunteer outings for lonely/incapacitated persons
- Financially supporting Rotary humanitarian programs

### **BENDIGO BANK & 'U'**

By choosing to bank with the Gisborne Community Bank, you are directly supporting your community, because we return a portion of our profits to the community.

### **RI PRESIDENT'S MESSAGE**

“Serving well is the first essential step of Clubs – but it is only the beginning. We have to raise our profile with all the tools that are available to us, and there are more tools today than there ever were.

“We have to use social media such as Twitter and Facebook, and we have to be sure our clubs have an online presence. Rotary has much to offer.”

*RDU August*

### **OUT AND ABOUT - LOCALLY**

1. **Rotary MS Committee Charity Night** at Mt Players, 8pm Wed.24 August; at \$20pp, 'God of Carnage', comedy by Yasmina Reza; Bookings Diana T - 0419 564 389.
2. **Run for Foodbank** - Kay Jones will run 5km to raise money for the Foodbank delivery van on Sunday 28<sup>th</sup> August. To support Kay, come along with family and friends to the Rotary Rotunda, Gisborne, from 11 am and enjoy a Burger & Drink for \$7, (\$3 for children). See you there!
3. **A Night with John Elliott** at Fredricks, Mt Alexander Rd., Essendon, Wed. 21 September, 6.30 for 7pm. \$50 incl. 2-course dinner, drinks at bar. RC Essendon North, RSVP to Fredricks, 9379 3247 or [enquiries@fredricksrestaurant.com.au](mailto:enquiries@fredricksrestaurant.com.au) by 19 Sep.

### **DID YOU KNOW?**

Spain has an organ donor rate of 34 per million people; while Australia has a donation rate of 11.3 - despite having the world's best practice techniques of surgery and care!

### **LETTER TO PM JULIA**

Now that you have received your copy of the August Rotary Down Under, have you signed and posted your letter to Prime Minister Julia Gillard, urging the government to step up support of the global polio eradication campaign? If not, do it now!

### **STEPS TO ENERGY EFFICIENCY**

1. Replace light globes with energy-efficient ones (they last longer too).

### **MAXIMS from SAM RIGGIO**

‘Positivism breeds positivism, and it will influence your life for the better.’

### **VOLUNTEERING AT MRHS**

Christine Randich - 5428 0391: re The Oaks or The Elms:-

One on One with a gentleman in the Elms whose interests are politics and current affairs.

**WISDOM ? Don't settle for being money rich -- time poor.**



D.G. Keith Ryall

ROTARY INTERNATIONAL 2011-2012 - R.I. PRESIDENT: KALYAN BANERJEE

DISTRICT 9800 - DISTRICT GOVERNOR: KEITH RYALL

CALDER CLUSTER – ASSISTANT GOVERNOR: GABRIELLE MORGAN

DISTRICT 9800 - CALDER CLUSTER: Rotary Clubs of Castlemaine, Daylesford, Gisborne, Kyneton, Woodend



R.I. President  
Kalyan Banerjee

## CLUB DUTY ROSTER

### August

### September

**Cashier**

Andrew H & Philip K

Kevin M & Barry W

**Regalia**

Peter Lamping

Michael R

**Fellowship/Emergency**

Alan Hobbs

John Scott

### Previous Presidents:

1977/78: Fred Barnett	1992/93: Martin Taurins	2007/08: Pat Bialobrzkeski
1978/79: Don Langley	1993/94: Alan Wilcox	2008/09: Barry Wills
1979/80: Gerry Bethell	1994/95: Fritz Boegel	2009/10: Michael Wiedermann
1980/81: Fritz Boegel	1995/96: Carl Schiller	2010/11: Philip Kudnig
1981/82: Glenn Fouse	1996/97: Kevin Johnston	
1982/83: Ken Maxfield	1997/98: Vanda Mullen	
1983/84: David Ell	1998/99: Jacek Bialobrzkeski	
1984/85: Reg Ellis	1999/00: John Scott	
1985/86: Ian Chippendale	2000/01: Elaine Gregory	
1986/87: Stuart Douglas	2001/02: Barbara Fletcher	
1987/88: Rob Payne	2002/03: Pat Bialobrzkeski	
1988/89: Peter Hollibone	2003/04: Keith Hallett	
1989/90: Alan Hobbs	2004/05: Martin Taurins	
1990/91: Peter Lamping	2005/06: Andrew Hall	
1991/92: Reg Ellis	2006/07: Caroline Lee	

### Charter Members:

Rodney Harrison PHF  
Alan Hobbs PHF

### The Fred Barnett Rotary Award:

2005: PP Elaine Gregory PHF  
2006: Barry Wills  
2007: Peter Reade PHF  
2008: Michael Wiedermann  
2009: Kay Jones  
2010: PP Pat Bialobrzkeski PHF  
2011: PP Vanda Mullen PHF

### Paul Harris Fellows:

1982: Fred Barnett	2002: Haidi Katala	2009: Barbara Fletcher
1987: Glenn Fouse	Peter Wearne	2010: Peter Lamping + 1 Graeme Millar
1989: Alan Hobbs	2003: Martin Taurins	
1993: Val Barnett	2004: Pat Bialobrzkeski	2011: John Scott
1995: Margaret Hobbs	Jacek Bialobrzkeski	Kay Jones
1996: Peter Lamping	2005: Elaine Gregory	
1998: Fritz Boegel	Vanda Mullen	
Peter Reade	2007: Diana Taurins	
1999: Frances Wearne	2008: Andrew Hall	
Olive Gibson	Barry Wills	
2000: Rodney Harrison	Barry Mullen	
Diane Boegel	(D9800)	

BIRTHDAYS: None this week

FAMILY ANNIVERSARIES: None this week

ROTARY ANNIVERSARIES: None this week

### THE 4-WAY TEST

...is of all the things we think, say and do,

Is it the Truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Will it be beneficial to all concerned?

**Grace:** For food, fellowship and the opportunity to serve, We give thanks.

